



**2017 NHS Freshman Volleyball  
Parent/Player Meeting  
General Information**  
[www.nhsvolleyball.com](http://www.nhsvolleyball.com)



**Coaching Staff**

- **Jeff Cerneka** – *Varsity Head Coach*
- **April Carroll** – *Varsity Assistant Coach*
  
- **Karen Murray** – *JV Head Coach*
  
- **Sarah Bilodeau** – *Freshman Head Coach*
- **Lindsay Holmes** – *Freshman Assistant Head Coach*

**Booster Club Board Members**

- Interim Members:
- **Mick Danskin**
  - **Laurie McLeroy**
  - **Allison Lanning**
  - **Tavie Allan**

**When are tryouts for Rising 9<sup>th</sup> Graders?**

Volleyball Tryouts (Main Gym, Norcross HS):

May 8: 3:30-5:30pm - Rising 10th, 11th, 12th graders  
6-8pm - Rising Freshman

**What are the requirements to participate in tryouts?**

REQUIRED: Physical within the past year -- forms found on website ([www.nhsvolleyball.com](http://www.nhsvolleyball.com))

**How many players will be selected for the Freshmen Team?**

**12-14**

**Can Freshman players be moved up to Varsity or JV?**

If a Rising Freshman has aspirations of trying out for Varsity or JV, those girls will be taken into consideration during tryouts.

**When are practices?**

**Varsity:** 3:00 – 5:00 p.m.

**JV and Freshman:** 2:30 – 4:30 p.m.

Every day after school - except on game days

**When are matches and how often do we play matches/tournaments?**

**Varsity:** Tuesdays, Thursdays, and several Saturdays at 5, 6, or 7pm.

**JV and Freshmen:** Mondays, Wednesdays, and several Saturdays at 5, 6, or 7pm.

All schedules are posted on the program's website.

### **How much are Booster Club dues?**

Approximately \$400. We have options for payment plans and also getting sponsorships can count towards part or all of your dues. More info on this will be available at first team meeting.

### **What do the dues cover?**

- Ongoing equipment needs
- Transportation to games
- Coaches' salaries
- Use of a game jersey – provided
- 2 practice shirts – provided
- 1 cover shirt – provided
- Free admission to all volleyball home games for immediate family (parents and siblings)

### **The following items are required to be purchased as part of the team order (2017 prices are in process):**

- 1 pair of navy blue spandex
- 1 pair of socks
- 1 pair of kneepads
- Volleyball shoes (if you don't already have them)
- NHS Volleyball backpack
- NHS Team Cover-up shorts

***Additional items, including NHS spirit wear will be available for purchase online. More info at a later date.***

### **Transportation to and from matches:**

Buses take the teams to the games and parents are responsible for getting their daughter home.

### **Responsibilities:**

Parents are ***expected*** to work during the season. Training will be provided, if necessary. Responsibilities include the following:

- Gate collections
- Scorekeeper
- Concessions
- Scorer
- Line judge
- Team Parent

### **Do you have any recommendations on what my daughter can do to prepare for tryouts?**

Sure. Each of the following clubs and organizations offer various opportunities for players to improve their skills:

[www.peachtreevolleyball.net](http://www.peachtreevolleyball.net)

[www.A5volleyball.com](http://www.A5volleyball.com)

[www.GA5volleyball.com](http://www.GA5volleyball.com)

[www.northatlantavolleyball.com](http://www.northatlantavolleyball.com)

### **Do you have a middle school daughter attending Pinckneyville Middle School that is interested in playing volleyball?**

Check out ***Norcross Jr. Blue Devils Volleyball*** at [www.norcrossjrbluedevils.org](http://www.norcrossjrbluedevils.org)

**Please ask if you have any questions we didn't answer!**