



2017 Norcross High School Volleyball Parent & Player Responsibilities

www.nhsvolleyball.com



Congratulations on being a part of the Norcross High School Volleyball Program for the Fall 2017 Season! Welcome to the Team!

Here are some tips from coaches and those who have gone before you to help you understand the roles of parents AND players in our program:

<u>PARENTS</u>
▲ <u>Communicating w/Coaches: Our coaches are always willing to communicate with parents. We ask you:</u>
- Insist that your daughter try to work out volleyball-related issues directly with her coach before enlisting your assistance. Learning to deal with authority figures is one of the benefits of participation in organized sports.
- Discuss all concerns with the volleyball coaching staff first before contacting the school's Athletic Director or administrators
- Avoid jumping to conclusions. Words and actions are usually the product of many factors and there are at least three sides to consider.
- Step back and allow your child to develop independence in dealing with issues that arise — both positive and negative.
- Coaches' jobs are to coach and not keep up with details of parental involvement. Team parents are the ones to turn to for that.
▲ <u>Sportsmanship</u>
- All parents (and players) are expected to show the highest level of sportsmanship while representing NHS Volleyball. Please cheer for our teams' successes and their efforts as well. Parents and other fans should never celebrate our opponents' mistakes.
- Please keep all comments <u>positive</u> — remember you are sitting among family and fans from our school and our opponents.
- Volleyball officials are off-limits for parents. Refrain from complaining at the referees at any point — no matter what the perceived error. NHS coaches believe players must learn to perform under adversity and not waste emotion or effort on things not within their control.
- Parents should lift up and encourage one another, just like the players do.
▲ <u>Playing Time</u>
- The decision to give one player more time on the court means another player will get less. As such, all good coaches know that with each decision, however well intended, comes the likelihood that someone will be disappointed. Please accept that playing time is decided by the coaches for the good of the team in each individual circumstance.
▲ <u>It's Serving NOT Volunteering</u>
- Everyone is expected to serve. Please do your job. The serving slots are a requirement of the program.
- GET TRAINED! Don't let the lack of knowledge be an excuse not to fill a slot.
- Got a flexible schedule? Sign up to serve at earlier game times

It's Serving NOT Volunteering (continued)

- Got a tight schedule? Sign up fast so you can get later game times
- Travel frequently for your job? Sign up NOW for what you know you can do
- Is your schedule a mess? Sign up as soon as you know you can do a slot
- Don't make the Team Parent chase you - count your slots and meet the need
- Can you be extravagantly generous? Do it! Some folks are on harder times
- Need grace? SPEAK UP! Tell your Team Parent your situation, don't hide!
- Tag team with other parents if you need to - don't be shy!
- Have a schedule change? YOU find someone to swap duties!
- Player gets sick and you have a slot? YOU'RE STILL RESPONSIBLE!
- Player gets hurt and you have slots? YOU'RE STILL RESPONSIBLE!
- Use the tools! If there's a SignUpGenius, use it - not e-mail - one place!

PLAYERS

▲ Attend Every Practice

- Attendance at all practices is mandatory, however, if you know you **must** miss a practice, it is your responsibility, not your parents', to contact the coaches in advance.

▲ Attend School on Match Days

-The Georgia High School Association (GHSA) and Gwinnett County prohibit any athlete from participating in an athletic contest unless, on the day of the match, they attended at least half of their scheduled classes.

▲ Ride the Team Bus

- For most road matches, all teams must ride the bus to the game. In most cases parents will need to either take their player home from an away match or have plans for another parent to do so. *A player may not drive her own car to or from road matches.*

▲ Pass It On

- As you have the opportunity, share your skills and insights with younger players. Consider volunteering as an assistant coach or referee with a middle school age program. Our program becomes stronger when experienced players enter high school.

▲ Represent Norcross High School in Attitude, Respect, Character and Performance at the Highest Level at All Times and in All Places

Sometimes You win, Sometimes you Learn!	<i>Show class, have pride, and display character. If you do, winning takes care of itself.</i> —Paul Bryant	Winning Isn't Everything, But Wanting To Win Is. —Vince Lombardi
<i>Go Lady Blue Devils!</i>		